

Product Sizing

Use our simple sizing tables to select the right size based on hip measurement, height, weight, and equivalent clothing sizes for men and women. Sizing is not a perfect science, therefore the sizes given in the tables are guidelines only.

SIZE	HIPS	HEIGHT	WEIGHT	WOMEN'S SIZE	MEN'S SIZE
BRIEFS					
Small	20" - 32"	4'10" - 5'2"	85 - 100 lbs.	4-6	20" - 32"
Medium	32" - 44"	5'3" - 6'2"	105 - 150 lbs.	8-14	32" - 44"
Regular	44" - 56"	4'10" - 5'6"	125-220 lbs.	12-18 petite	44" - 56" short
Large	44" - 58"	5'7" - 6'2"	155-235 lbs.	16-20	44" - 58"
X-Large	58" - 63"	4'10" - 6'2"	215-250 lbs.	22-24	58" - 63"
XX-Large	63" - 70"	4'10" - 6'2"	250-300 lbs.	26-28	63" - 70"
XXX-Large (Bariatric)	70" - 90"	4'10" - 6'2"	300+ lbs.	28+	70" - 90"

- Color band represents actual product color for briefs.
- Two brief tiers are NOT color-coded by size: ALL BRNTs are peach and ALL BRWs are white.
- Measure around the hips or waist, whichever is largest.
- Regular sized briefs utilize the width of a large brief and the length of a medium brief, providing better fit for users that are less than 5' 6" tall but have hips or waist measurements of 44" to 56". Regular size briefs are not reimbursed by Medicaid.

PROTECTIVE UNDERWEAR					
Youth/Small	22" - 36"	N/A	80 - 125 lbs.	4-10	22" - 36"
Medium	32" - 44"	N/A	120 - 175 lbs.	8-14	32" - 44"
Large	44" - 58"	N/A	170-210 lbs.	16-20	44" - 58"
X-Large	58" - 68"	N/A	210-250 lbs.	20-28	58" - 68"
XX-Large	68" - 80"	N/A	250+ lbs.	28+	68" - 80"

- Protective underwear products are not color coded by size (all are white in color).
- Measure around the hips or waist, whichever is largest.
- Height is not a factor in sizing protective underwear.

PADS / PANTS / UNDERPADS

All sizing information for Attends Pads, Pants and Underpads can be located in the individual product listings in the corresponding sections of the Attends Product Catalog.