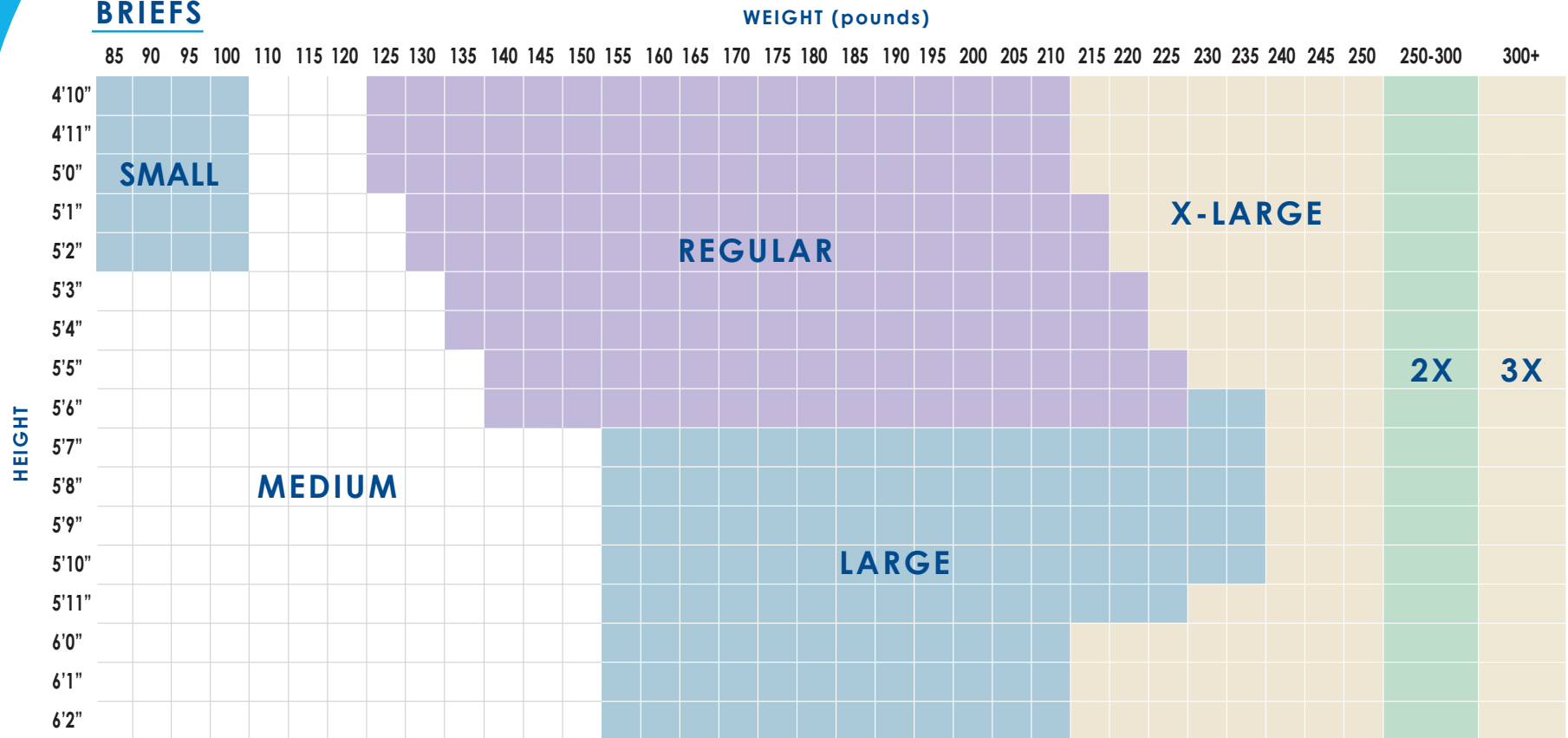


# Sizing Guide

**Attends** | The Smart Choice  
in Incontinence Care.™

Choose the right size Brief the quick and easy way! Simply find the user's height and weight below to see what size is recommended. For Protective Underwear sizing, please refer to the section at bottom right. If you have any questions about sizing or about Attends® products, call our Customer Care Center at 1.800.4.Attends (1.800.428.8363).

## BRIEFS



SIZE/COLOR	HIPS	HEIGHT	WEIGHT	WOMEN'S SIZE	MEN'S SIZE
<b>Small</b>	20" - 32"	4'10" - 5'2"	85-100 lbs	4-6	20" - 32"
<b>Medium</b>	32" - 44"	4'10" - 6'2"	85-150 lbs	8-14	32" - 44"
<b>Regular</b>	44" - 56"	4'10" - 5'6"	125-225 lbs	12-18 petite	44" - 56" short
<b>Large</b>	44" - 58"	5'7" - 6'2"	155-235 lbs	16-20	44" - 58"
<b>X-Large</b>	58" - 63"	4'10" - 6'2"	215-250 lbs	22-24	58" - 63"
<b>XX-Large</b>	63" - 70"	4'10" - 6'2"	250-300 lbs	26-28	63" - 70"
<b>XXX-Large (Bariatric)</b>	70" - 90"	4'10" - 6'2"	300+ lbs	28+	70" - 90"

## PROTECTIVE UNDERWEAR

Attends Protective Underwear pull up and down just like regular underwear, for more active users.

SIZE	HIPS	WEIGHT
Youth/Small	20" - 34"	80 - 120 lbs
Medium	34" - 44"	120 - 175 lbs
Large	44" - 58"	170-210 lbs
X-Large	58" - 68"	210-250 lbs
XX-Large	68" - 80"	250+ lbs

- Sizing is not a perfect science, therefore the sizes given in this guide are recommended only, not guaranteed.
- Measure around the hips or waist, whichever is largest.

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