

Nutrition Facts

Serving Size 1 bar (34g)

Servings Per Container 5

Amount Per Serving

Calories 170 **Calories from Fat** 50

% Daily Value*

Total Fat 6g **9%**

Saturated Fat 1g **6%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 140mg **6%**

Total Carbohydrate 29g **10%**

Dietary Fiber 2g **7%**

Sugars 11g

Protein 3g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 4% • Vitamin E 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS: Rice Syrup, Crisp Rice (Rice Flour, Rice Bran, Raisin Juice Concentrate, Honey, Salt), Corn Flakes(Corn, Water), Sunflower Seeds, Chocolate Chips(Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin, Vanilla Extract), Peanut Butter(Peanuts), Evaporated Cane Juice, Sesame Seeds, Flax Seeds, Rice Flour, Expeller Pressed Canola Oil, Natural Flavors, Sea Salt, Soybean Lecithin. **CONTAINS:** Tree Nuts, Soy and Peanuts. **WARNING:** May Contain Nut Shell Fragments. Made in a facility that processes tree nuts and peanuts.